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<u>Caring for Your New Crown, Veneer or Bridge</u> Fixed Prostheses

Congratulations! You have just received a custom created crown, veneer or bridge. Working closely with a world class laboratory, Dr. Fondriest has designed with your help a restoration with enduring beauty, form and function. You will get years of service from this restoration if you observe the following suggestions:

INITIAL SENSITIVITY

♦ Mild sensitivity to hot and/or cold is expected after initial placement or your new tooth restorations/s. This sensitivity will gradually disappear over a few weeks. If in the rare instance that you are even aware of the tooth/teeth after this period of time, please contact us.

AGGRESSIVE CHEWING

- ♦ Do not chew ice, popcorn kernels, sticky or hard candies and caramels, or other hard objects because they can fracture or possibly dislodge restorations.
- ♦ For a few days after restoration is placed, small white flecks of cement may be noticed when brushing and flossing. These are just loosened particles of cement and can be rinsed out.

PREVENTIVE PROCEDURES

To provide optimum longevity for your restorations and prevent future dental decay and supporting tissue breakdown, please observe the following suggestions:

- ♦ Brush and floss after eating and before bed. Avoid harsh, abrasive toothpastes.
- ♦ It is critical to have routine exams and cleanings on schedule. Inadequate follow up care is the most significant reason for crown failure
- ♦ Use your manual toothbrush or oral B electric toothbrush as your hygienist advises.
- ♦ Use super floss, proxy brushes and/or floss threaders as needed, to maintain cleanliness around and under bridgework.

Our purpose and mission is to help you and to serve you. Please call if there are any questions or concerns.

Thank you.