

LAKE FOREST

· DENTAL ARTS ·

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Getting Ready for Your Smile Design Appointment

Please take any medications we have prescribed for you.
(If you need your prescription called in, please let us know).

Please eat a large healthy breakfast but limit the caffeine.

Be advised: Herbals, Vitamins, Dietary Supplements, and Medications can sometimes have effects on dental procedures. Please let us know all the medications you are taking at least **one week prior to your appointment.**

Due to the complexity of the appointment, the ending time can vary. We will be happy to call your ride home or a cab an appropriate amount of time prior to your completion.

While you are here:

Please wear comfortable clothing.

Blankets are available (Valium can make you feel chilly).

We take many extended breaks to rest, stretch, and relax.

Feel free to bring an I-pod and headphones, or reading material.

Please review the After Your Smile Design instructions so you know what to expect after your appointment.

Extended Time Parking is available one block north on Oakwood Avenue in the city lot. Our City of Lake Forest ticket writers look forward to our patients who are unaware of the 90 minute parking limits for street parking in the central business district.

Contact our office if you have any questions, we will be happy to help.